

**JOIN
LOGAN & MIA
AS THEY DISCOVER
THE GREAT PLATE
OF TEXAS
WITH HEALTHY
SCHOOL MEALS!**

SEPTEMBER



**DISCOVER THE
GREAT PLATE
OF TEXAS WITH A
HEALTHY MEAL**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

FRUITS

APPLES, ORANGES, MELONS,
PEACHES, STRAWBERRIES

LABOR DAY

7

PORK CHOP
w/ GRAVY
BAKED POTATO
ROLL
CARROTS
FRUIT
MILK

14

CHEESEBURGER
w/ GARNISH
OVEN FRIES
BABY CARROTS
MIXED FRUIT
MILK

21

CHICKEN FRIED
STEAK
MASHED
POTATOES w/
GRAVY
PEAS
ROLL
FRUIT
MILK

28

NACHOS
REFRIED BEANS
TOMATO CUP
SALAD
PEARS
SHERBET CUP
MILK

1

ASIAN BOWL
w/EGGROLL
BABY CARROTS
MIXED
VEGETABLES
PINAPPLE
COOKIE
MILK

8

PIZZA
SALAD
TUSCAN
VEGETABLES
FRUIT
PUDDING
MILK

15

HOT HAM &
CHEESE ON
PRETZEL BUN
FRESH VEGGIES
STEAMED
BROCCOLI
SNOWBALL SALAD
MILK

22

TACOS
SPANISH RICE
SALAD
REFRIED BEANS
APPLESAUCE
MILK

29

STUFFED BAKED
POTATO
ROLL
BAKED BEANS
BROCCOLI
APPLE-PINEAPPLE
D'LITE
MILK

2

PULLED PORK
SANDWICH
CHIPS
COLESLAW
CELERY STICKS
HOT CINN.
APPLES
MILK

9

CHICKEN
QUESDILLA
MEXICALI CORN
CHARRO BEANS
CINNAMON
APPLESAUCE
MILK

16

CHICKEN
ALFREDO
BREADSTICK
SALAD
CARROTS
APPLE SLICES
MILK

23

PIZZA
SALAD
CORN
FRUIT
MILK

30

SALISBURY
STEAK w/GRAVY
BISCUIT
POTATOES
SALAD
FRUIT
MILK

3

ITALIAN PASTA
BAKE
GREEN BEANS
SALAD
APPLE SLICES
BREADSTICK
MILK

10

CHILI
CORNBREAD
BROCCOLI BITES
SALAD
ORANGE SMILES
MILK

17

MEATLOAF
MASHED POTAOES
GREEN BEANS
ROLL
FRUIT
MILK

24

HOT DOG
CHIPS
BABY CARROTS
GRAPES
MILK

4

HAMBURGER
w/GARNISH
OVEN FRIES
WESTERN BEANS
PEACHES
MILK

11

SLOPPY JOE
SWEET POTATO
FRIES
CUCUMBER
DIPPERS
FRESH FRUIT
COOKIE
MILK

18

BBQ ON A BUN
COLESLAW
PINTO BEANS
ORANGE SMILES
MILK

25

GOOD EATS AT:

MCLEAN
CAFETERIA



SPECIAL ANNOUNCEMENTS

REMINDER: PLEASE PRE PAY
YOU CAFETERIA BILL

SEPT. 7 NO SCHOOL

MCLEAN ISD IS AN EQUAL OPPORTUNITY
EMPLOYER AND PROVIDER



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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FRUITS

APPLES, ORANGES, MELONS,
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LABOR
DAY

7

WAFFLES
SAUSAGE
FRUIT
JUICE
MILK

14

SAUSAGE
BISCUIT
FRUIT
JUICE
MILK

21

SAUSAGE
KOLACHE
YOGURT
FRUIT
JUICE
MILK

28

CHICKEN &
BISCUIT
FRUIT
JUICE
MILK

1

BREAKFAST CLUB
FRUIT
JUICE
MILK

8

SCRAMBLED EGGS
BISCUIT
FRUIT
JUICE
MILK

15

DUTCH WAFFLE
BACON
FRUIT
JUICE
MILK

22

CHEESE OMELET
FRUIT
JUICE
MILK

29

FRENCH TOAST
SAUSAGE
FRUIT
JUICE
MILK

2

SCRAMBLED
EGGS
SAUSAGE
FRUIT
JUICE
MILK

9

CINNAMON ROLL
FRUIT
JUICE
MILK

16

BREAKFAST
BOAT
FRUIT
JUICE
MILK

23

BREAKFAST
PIZZA
FRUIT
JUICE
MILK

30

BREAKFAST
POCKET
FRUIT
JUICE
MILK

3

SAUSAGE
KOLACHE
YOGURT
FRUIT
JUICE
MILK

10

BREAKFAST
ROLLED TACOS
FRUIT
JUICE
MILK

17

MINI BAGELS
SAUSAGE
FRUIT
JUICE
MILK

24

DUTCH WAFFLE
BACON
FRUIT
JUICE
MILK

4

BREAKFAST PIZZA
FRUIT
JUICE
MILK

11

MUFFIN
YOGURT
FRUIT
JUICE
MILK

18

PANCAKES
FRUIT
JUICE
MILK

25

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